

YEAR	TERM 1 (Autumn)	TERM 2 (Spring)	TERM 3 (Summer)
YEAR 12	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Cardiovascular system • Hormonal, neural & chemical regulation • Receptors • Respiratory system <p>SKILL ACQUISITION:</p> <ul style="list-style-type: none"> • Skill and practice <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Pre, industrial & post-industrial sports 	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Neuromuscular system, muscle fibres • Musculo-skeletal system • Joints/ movement <p>SKILL ACQUISITION:</p> <ul style="list-style-type: none"> • Learning theories • Guidance • Memory <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Amateur vs professional • Emerging performers • Sociology of sport • Equal opportunities in sport 	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Energy Transfer in the body • Energy expenditure • VO2 max <p>SKILL ACQUISITION:</p> <ul style="list-style-type: none"> • Response Time • Schema Theory • Information Processing <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Benefits of participation • Local & national partners
YEAR 13	<p>PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Diet & nutrition • Injury prevention & rehabilitation • Biomechanical movement <p>SPORT PSYCHOLOGY:</p> <ul style="list-style-type: none"> • Aspects of personality • Attitudes & anxiety <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Concepts of physical activity • Elite performers • National governing bodies world class performance programmes 	<p>PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Factors affecting stability • Levers & linear motion • Projectile motion • Fluid mechanics <p>SPORT PSYCHOLOGY:</p> <ul style="list-style-type: none"> • Group dynamics • Achievement goal theory • Self-efficacy • Strategies & leadership • Stress management <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Drugs in sport / sport & the law • Impact of commercialisation 	<p>REVISION:</p> <p>EXTERNAL EXAMS:</p>